



Drinks. From Drink station continue uphill on track, over cattle grid then uphill on path at road crossing.

R out of forest but shortly after L on main path - DO NOT CROSS DAM WALL

L turn off main path

Sharp L turn through gate

From road crossing ahead, wall/fence on R, for 2.5 miles.

Caution boardwalks slippery if wet

WINDGATHER FELL RACE

FINISH START

From summit down then up to kissing gate. turn RIGHT for 200 yd, then at fence / stile LEFT DOWNHILL

Rough Descent !

Drinks at road crossing

Hidden Left Turn