

WINDGATHER FELL RACE 2015

Race Details

Distance: 21.7km / 13.5m

Climb: 762m / 2500ft

Venue: Burbage Institute, Bishops Lane, Buxton, SK17 6UL. Grid ref: 044730

Minimum age: 18

Entry on day only, fee £10.00

The course is PARTLY MARKED, but some EXPERIENCE AND NAVIGATIONAL SKILLS are required. Local Knowledge is an advantage.

Requirements for runners

1. ALL runners MUST carry, as a minimum, the following :-

Waterproof whole body cover, hat, gloves, map of the route, compass, whistle, emergency food.

There WILL be checks before the start and elsewhere - and anyone found without the required kit WILL be disqualified and the FRA informed.

If you arrive at registration without the required kit PLEASE TELL US BEFORE THE RACE - we – or other runners - may have some spare.

2. Please ensure your number is on the front of your vest and is VISIBLE TO MARSHALS, we need to know everyone is accounted for at each checkpoint.

3. The race requires some experience of Fell running and of navigation. It is not the hardest or hilliest race in the calendar, but it is not a road or trail race, it is long, hilly, and the second half considerably harder than the first. Familiarise yourself with the map / route, and note the comments on the map. Whilst the route has been partially marked with red / white tape and a few red/black arrows, markings could be moved or removed, so there will be sections where navigation will be needed.

4. Be aware that there is ANOTHER race taking place in the Goyt Valley at the same time as this one. Their route is marked with yellow / blue arrows, do NOT follow these !!

5. Water will be provided in cups at Madscar Farm, and at the point where the route crosses the Goyt Valley road. PLEASE either LEAVE the cups at the water station OR CARRY THEM WITH YOU TO THE FINISH, drop nothing on the course, we will disqualify anyone seen littering.

6. Please obey the country code and in particular SHUT GATES AS YOU PASS THROUGH.

7. And the Golden Rule – IF YOU RETIRE, REPORT TO A MARSHAL, AND ALSO TO THE FINISH, DO NOT GO HOME WITHOUT MAKING SURE WE KNOW WHERE YOU ARE.

Thanks for coming, have a good race !!